

# Adam Williams, M.S., NREMT

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## Education

**University of New Hampshire** | December 2016 | M.S., Outdoor Education

**Sonoma State University** | May 2009 | B.A., Environmental Studies & Planning | Minor, Geography

- Graduate with Distinction

## Professional Experience

**Wilderness Medical Associates** | *Assistant Instructor* | September 2017-present | Portland, ME

- Teach wilderness medical skills and curriculum including Wilderness First Aid, Wilderness Advanced First Aid, and Wilderness First Responder courses.

**Unity College** | *Assistant Director of The Outdoor Adventure Center* | February 2017-present | Unity, ME

- Responsible for programming, risk management and general oversight of student led trips, artificial climbing wall and large outdoor equipment inventory
- Hire, train and supervise student staff in providing technically sound programs for Unity College community
- Teach in Adventure Based Environmental Education major focusing on outdoor, experiential activities and technical skills
- Instruct in Certification and Training Center ([certifications.unity.edu](http://certifications.unity.edu))

**DCF Wilderness School** | *Expedition Field Guide* | June 2016-August 2016 | East Hartland, CT

- Led two 20-day wilderness expeditions with adjudicated and child welfare involved youth
- Provided backcountry skill instruction and crisis intervention management while executing land, rock and water based programming.
- Provided behavioral assessments to support referring professionals

**Outdoor Connection Center** | *Graduate Assistant* | August 2014-October 2014 | University of Arkansas

- Responsible for and staff scheduling and payroll
- Responsible for oversight of indoor artificial Climbing Wall, including maintenance & safety compliance
- Responsible for oversight of all program areas including bike maintenance program, wilderness trips, clinics and Trip Leader training and equipment rental, retail and repair operations

**Summit Achievement** | *Wilderness Therapy Guide-Team Leader* | August 2013-August 2015 | Stow, ME

- Led therapeutic interventions in wilderness based setting for groups of 5-10 students struggling with varying degrees of social, emotional and academic challenges
- Responsible for teaching and evaluation of technical skills
- Conducted weekly student behavioral evaluations and team progress notes to support students treatment goals

**Global Routes** | *Field Staff* | June 2013-Present | Windsor, NH

- Coordinated and led multi-week program with 14 High School aged students in Ecuador and the Galapagos with full immersion, home stay, and service component
- Managed extensive trip budget, including expenditures for group food, accommodations, and transportation
- Supported the emotional and physical well-being of teenage participants through challenges associated with travel, learning and assimilation in a foreign culture

**Chewonki Foundation** | *Outdoor Classroom Instructor/Wilderness Trip Leader* | July 2010-November 2011 | Wiscasset, ME

- Taught a diverse curriculum to students (grades 5-9) focused on Maine coastal ecology, outdoor living skills, sustainability, canoeing and kayaking in an overnight base camp setting.
- Facilitated group initiatives and team building activities while creating an inclusive learning environment.
- Led wilderness based canoeing and hiking programs in summer throughout Maine

**FoodCycle** | *Founder* | [www.foodcycleus.com](http://www.foodcycleus.com) | January 2010-April 2014 | Brunswick, ME

- Created an organization that partnered public schools with small-scale organic farms.
- Developed a mission statement, managed a budget, created a website and social media presence
- Bicycled 4,500 miles to raise over \$10,000 to fund sustainable nutrition initiatives

**Courses Taught**

**Unity College** | AE 1012: Rock Climbing: BLOCK format | Instructor

- Taught introductory Rock climbing skills and top rope management concepts, including rappelling, anchor building and passive and active gear placement during an immersive 5-day block format.
- Evaluated student performance of leadership skills, technical skill proficiency, theoretical and historical knowledge, interpersonal communication and class contribution

**Unity College** | AE 2022: Intro to Expeditionary Sea Kayaking | Instructor

- Taught foundational Sea Kayaking skills progression, and expeditionary preparedness through weekly immersive sessions culminating in weekend expedition.
- Evaluated student performance of leadership skills, technical skill proficiency, theoretical and historical knowledge, interpersonal communication and class contribution

**Unity College** | AE 1072: Winter Pursuits | Instructor

- Led students through intentional progression of winter-based recreational skills including: nutrition, winter camping, snowshoeing, and nordic skiing during immersive skills-based sessions culminating in weekend expedition.
- Evaluated student performance of leadership skills, technical skill proficiency, theoretical and historical knowledge, interpersonal communication and class contribution

**Unity College** | AE 1061: Intro to Map and Compass | Instructor

- Taught weekly skills sessions with a mixture of lecture based, and outdoor field-based practice
- Evaluated student performance on the basis of technical skill mastery and class participation

**Unity College** | ES 1031: Intro to Global Positioning Systems | Instructor

- Integrated use and instruction of GPS receivers in classroom and outdoors settings
- Established on campus waypoints, geocaches, and routes for student instruction and skills practice and mastery
- Evaluated student performance on the basis of technical skill mastery, theoretical knowledge and class participation

**University of New Hampshire** | KIN 551: Backcountry Experiences: Backpacking | Adjunct Faculty

- Presented technical skills through myriad teaching environments including: classroom lecture, weekend overnight outings and final 5-day expedition
- Certified students in Wilderness First Aid
- Evaluated student performance of leadership skills, technical skill proficiency, and interpersonal communication and contribution

**University of New Hampshire** | KIN 552: Water Based Experiences | Teaching Assistant

- Instructed flat water canoe competencies using ACA standards
- Helped to evaluate student performance based on leadership skills, technical skill proficiency, and interpersonal communication and contribution

**University of New Hampshire** | KIN 546: White Water Canoeing | Teaching Assistant

- Instructed white water canoe competencies using ACA standards
- Field supervision including: student evaluation of leadership, technical and interpersonal skills

**Volunteer Experiences**

**American Red Cross** | *Disaster Response Team* | October 2017-Present | Statewide, National

**Brooks Ambulance Inc** | *EMT* | May 2017-Present | Brooks, Maine

**Centro Latino** | *Outreach* | October 2011-April 2012 | Portland, Maine

**The Telling Room** | *Young Writers and Leaders Program* | October 2011-April 2012 | Portland, Maine

**AFS Intercultural Programs** | *Farm hand* | August 2003-February 2004 | La Flor de Paraiso, Costa Rica

**Certifications/Skills & Associations**

- Fluent in conversational Spanish
- NREMT, **Registry # E3309923, Maine EMT #29344**
- Wilderness First Responder
- American Canoe Association Instructor: **River Canoeing Level 3**
- Wilderness Medical Associates: **Assistant Instructor**
- Registered Maine Guide: **Sea Kayaking**
- Leave No Trace Master Educator
- AIARE 1