

Counseling Program Documentation

2017-2023



End of Year Report

2022-2023

By the Numbers

Classroom Lessons Taught: **132**

Minutes in Counseling sessions:
47,433

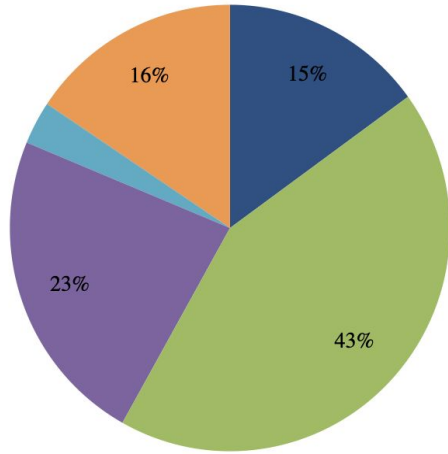
Individual Sessions: **1,316**

Parents Contacted: **57**

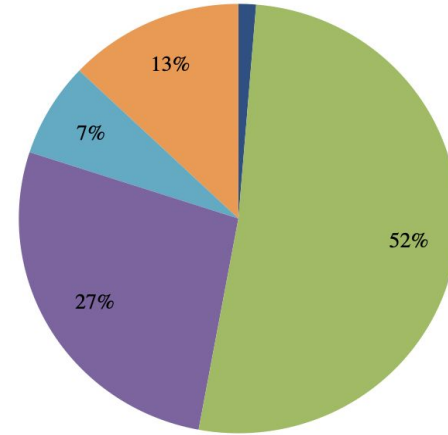
Students seen in group/groups
conducted: **28 groups/102
students**

Referrals made to school
counselors: **164**

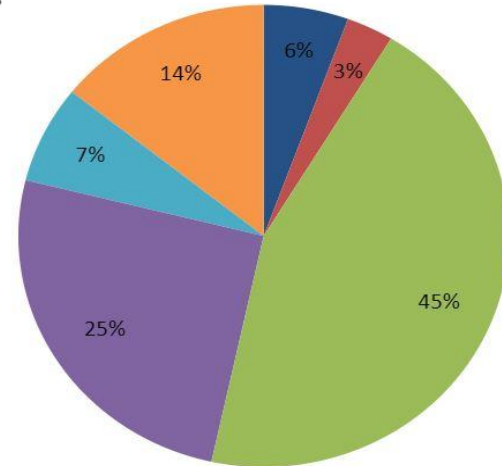
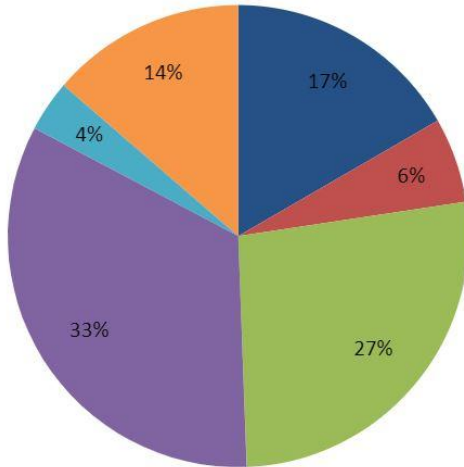
Fall Use of Time (lessons week)



Spring Use of Time



- Instruction
- Counseling
- Referrals/Consultation/Collaboration
- Defining, Managing, Assessing Activities
- Fair-Share Responsibility Activities

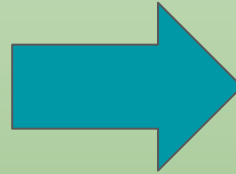


2022-2023 GOALS

- 60% of students will show SEL content growth as shown in pre-assessment data compared to post-assessment data

- Classroom & Group Data (next slide)

- 70% of counseling sessions will be proactive meetings



- ***We averaged over 75% proactive meetings***

- Direct student services - 60%
- Indirect student services - 20%
- Program Planning & Support - 20%
- Non-counseling Duties - 0%

- Direct student services - 53.25%
- Indirect student services - 27%
- Program Planning & Support - 19.25%
- Non-counseling Duties - 0%

Classroom & Group Data Highlights

3rd Grade Classroom Data

- Teamwork skills
 - Pre-Assessment: 57%
 - Post-Assessment: 82%
- Emotional Regulation/Anger Management
 - Pre-Assessment: 55%
 - Post-Assessment: 83%
- Sexual Abuse Prevention Education/Body Safety
 - Pre-Assessment: 36%
 - Post-Assessment: 78%

Group Data

- 2nd grade Worry Warriors Group
 - 100% of group members were able to name at least 3 ways to help their body feel calm when experiencing worrying thoughts at the end of the 6 week group.
 - Overall Pre-Assessment: 37%
 - Overall Post-Assessment 88%

RAMP Update

2022-2023 Tasks:

Use of Time

Administrative Conference

Advisory Council

Annual Calendar

2023-2024 Additions:

School Counselor Performance Appraisal

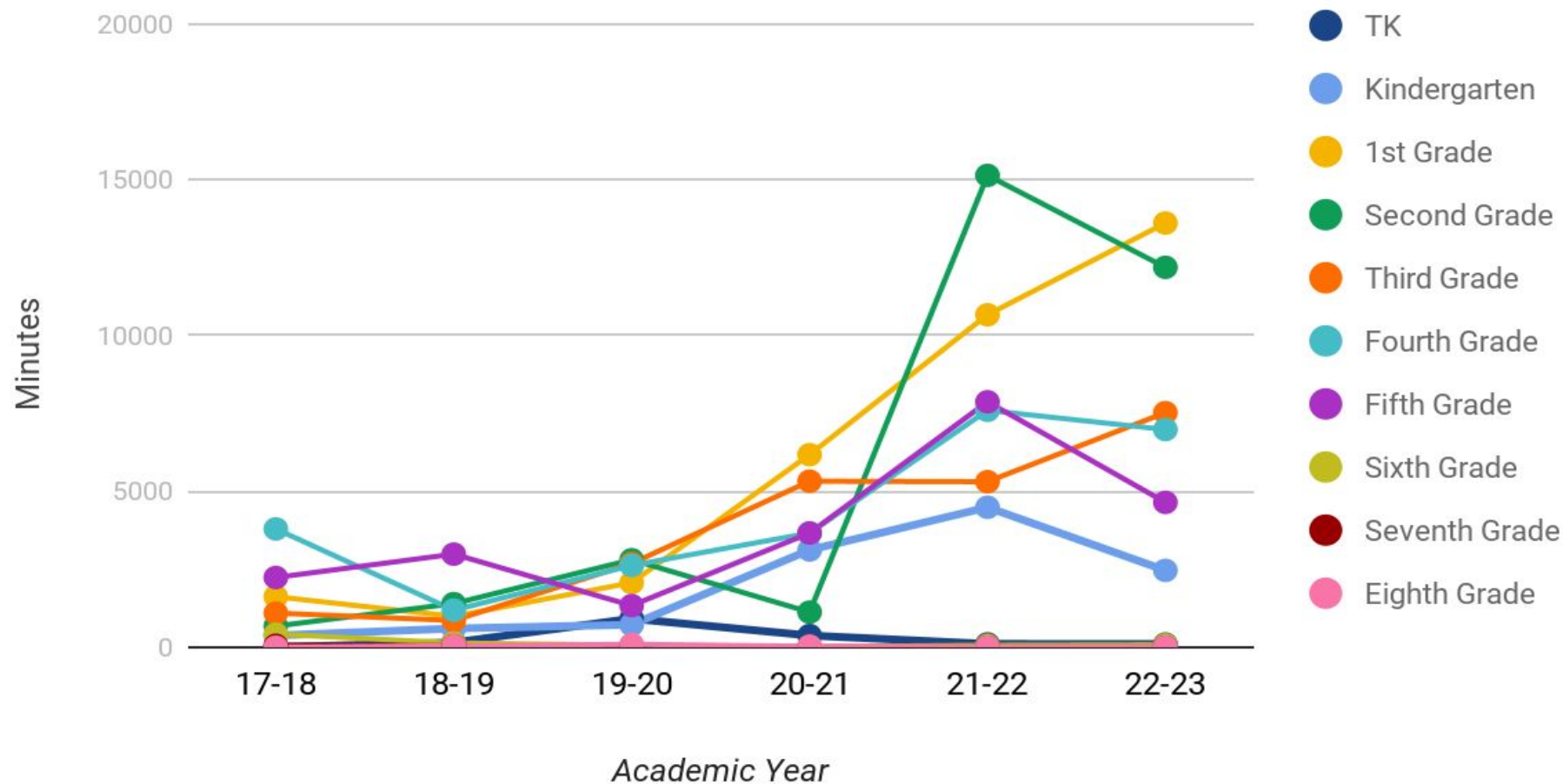
Mission & Vision Statement

Minimum 2 RAMP formatted lesson plans

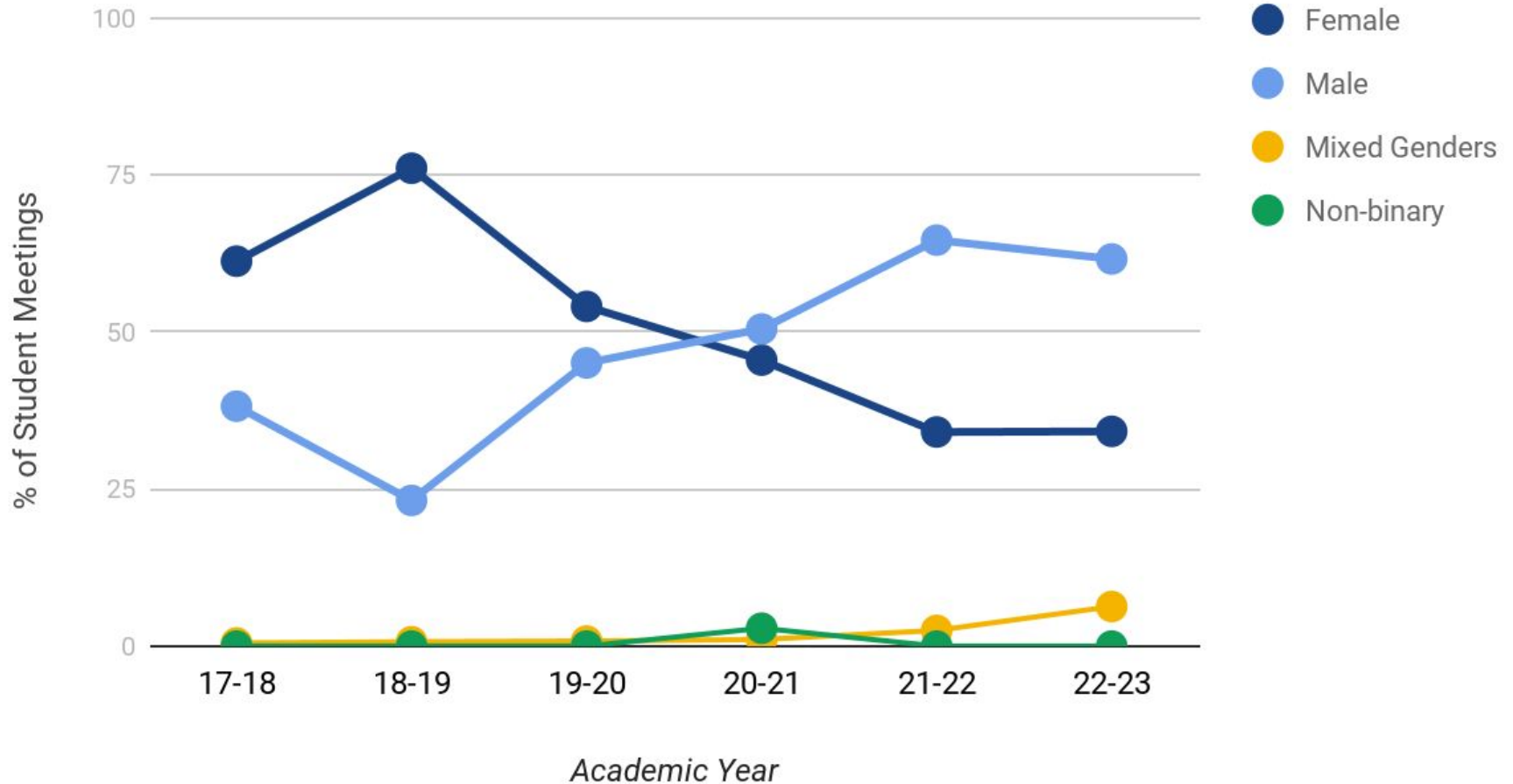
Long Term Trends

2017-2023

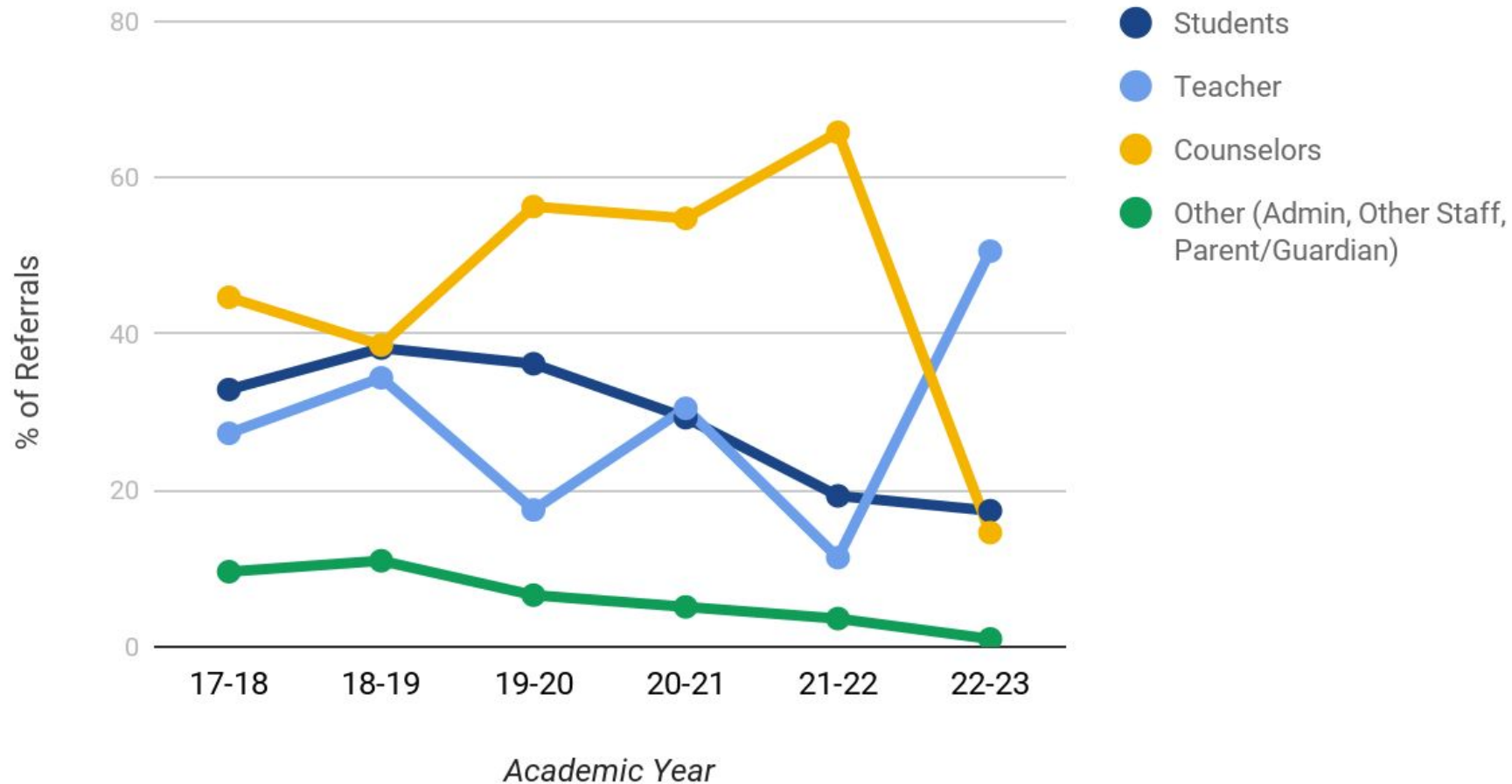
Total Minutes in Counseling Sessions Per Grade Level



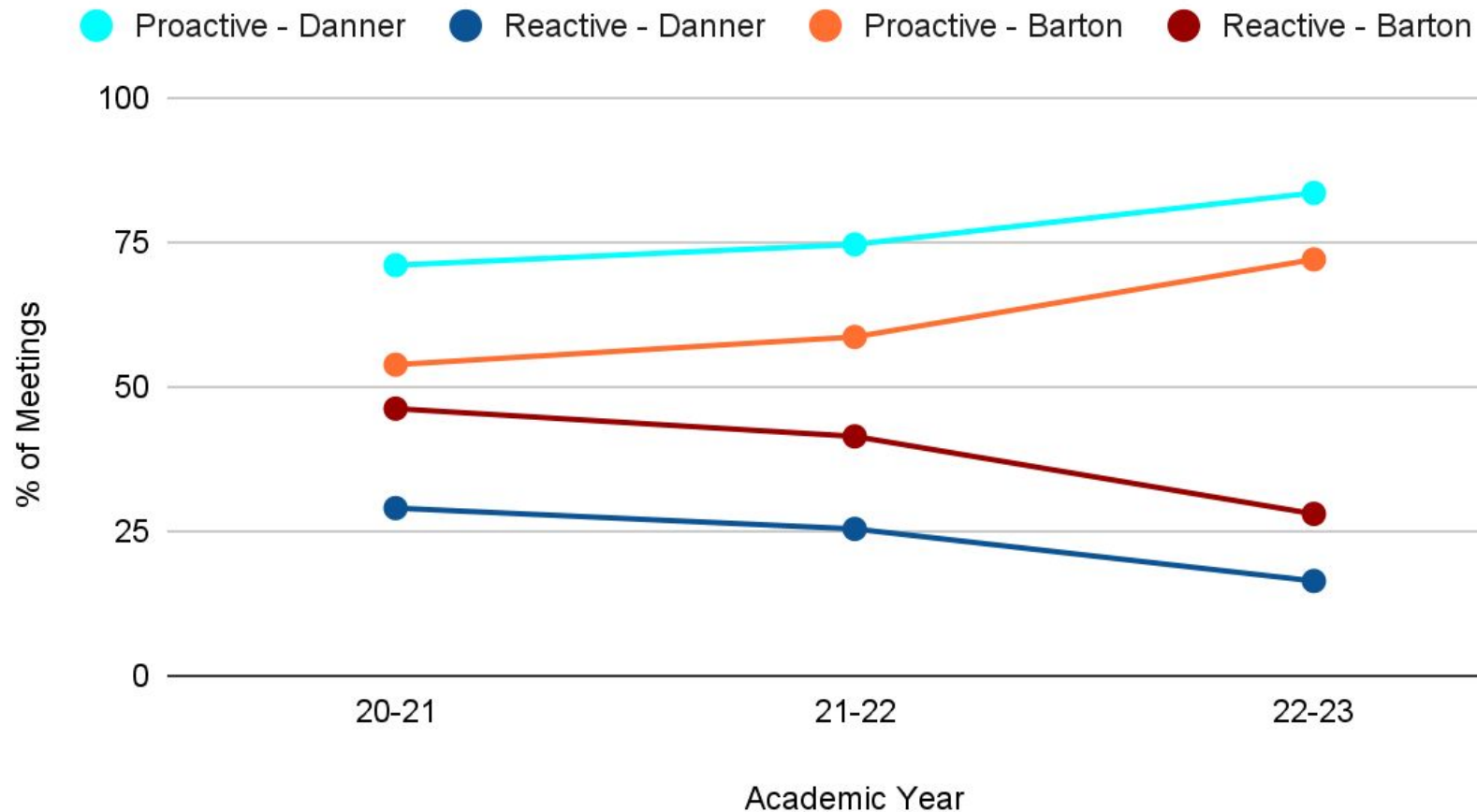
Identifying Genders of Students in Counseling Sessions



Referral Sources



Types of Counseling Sessions



2021-2022

TK - 5th Grades

By The Numbers

Classroom Lessons given: 265

Individual Counseling sessions: 1,396

Minutes in Counseling sessions: 53,165

Parents Contacted: 92

Hotlines made: 14

Formal In-school counseling referrals: 48

**Informal referrals not tracked. Informal referrals include verbal, emails, and texts*

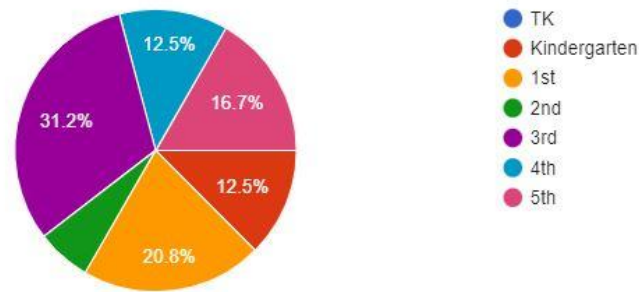
In-school therapy referrals: 20 (14 elementary)

**Out-of-school resources given to parents/guardians not tracked.*

Formal in-school counseling referrals by grade level:

Student Grade Level

48 responses



TK - 5th Grades *Programs & Projects*

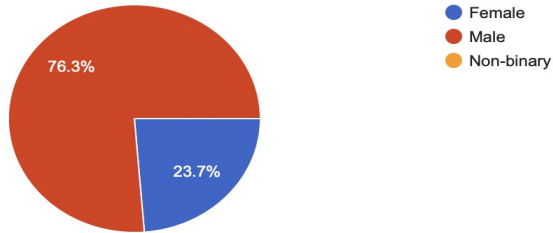
- Career Day
- Close Gap
- Campfire (TK)
- MOCSA (Metropolitan Organization to Counter Sexual Assault) Programming
- Monthly Character Trait Education & Recognitions
- Peer Mentor Program
- School Jobs
- Wayside Waifs No More Bullying Programming (3rd-5th)
- Youth Mental Health Services partnership (TK-8th)

TK - 2nd Grades 1:1 Counseling Sessions

Support Staff
Member of the
Year

Gender

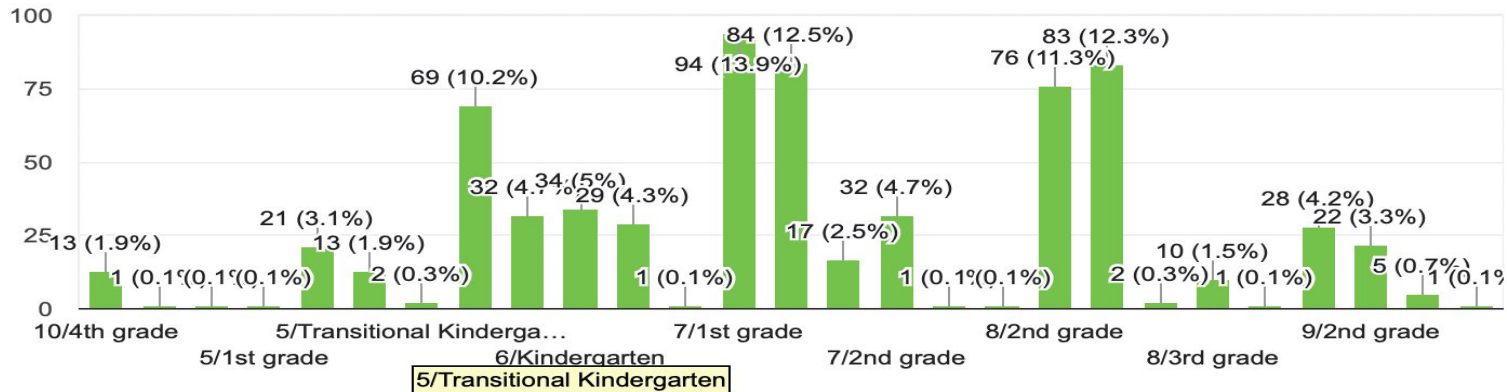
674 responses



Age/Grade

674 responses

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TK - 2nd Grades Group Sessions

Total number of groups run (Structured group seen weekly for 6-8 weeks)	11
Total number of group sessions	67
Minutes spent in group sessions	2,010
Total number of students who participated in group counseling	47
Group topics covered	grief, anger, impulse control, friendship, social skills

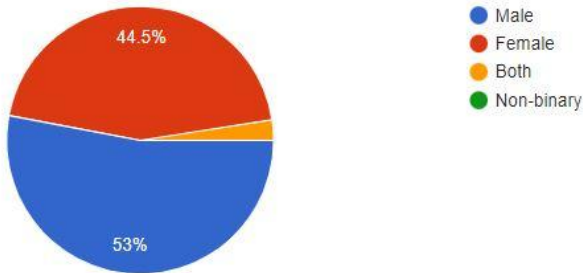
Barton-Individual Therapy Caseload

Total number of students on Therapy Caseload (TK-4)	5
Total number of individual therapy sessions provided	99
Total number of minutes in session	4,735
Minutes of Licensure Supervision	1,740

3rd - 5th Grades 1:1 Counseling sessions

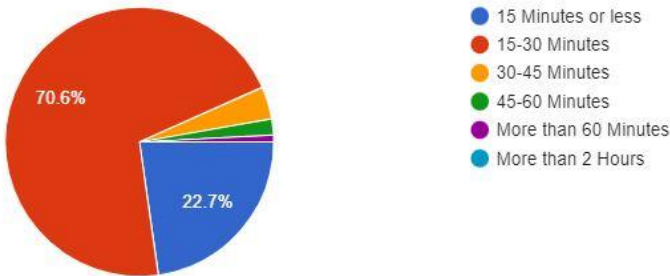
Gender

721 responses



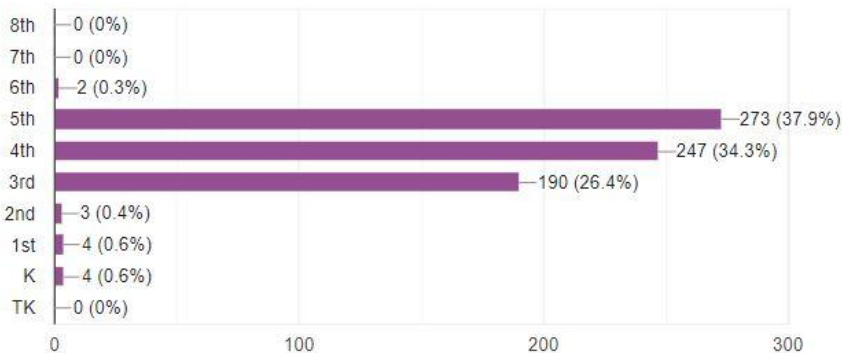
Duration of Meeting:

721 responses



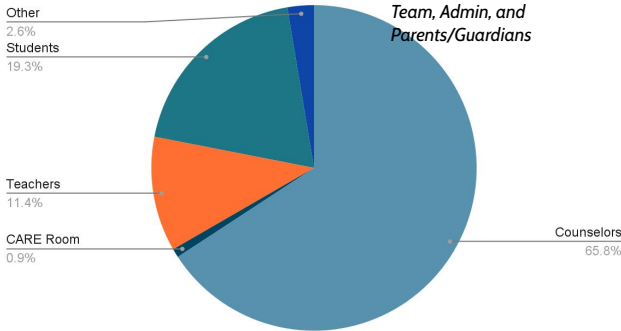
Grade

721 responses



Number of lunches with students: 252

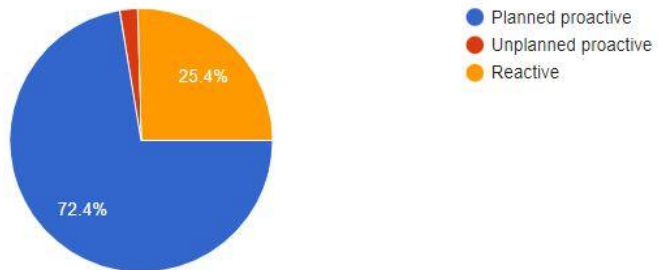
Referral Source



3rd - 5th Grades 1:1 Counseling sessions

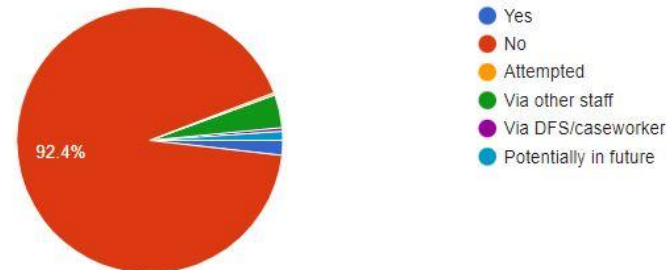
Proactive or reactive meeting?

720 responses



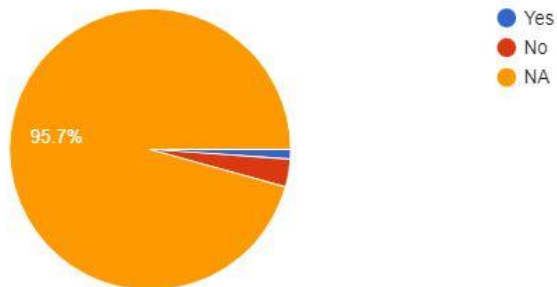
Parent Contact

721 responses



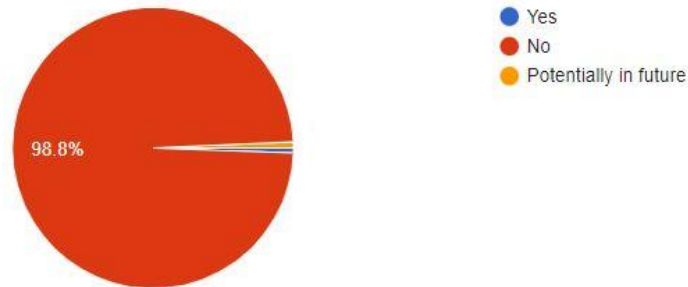
Office Referral?

720 responses



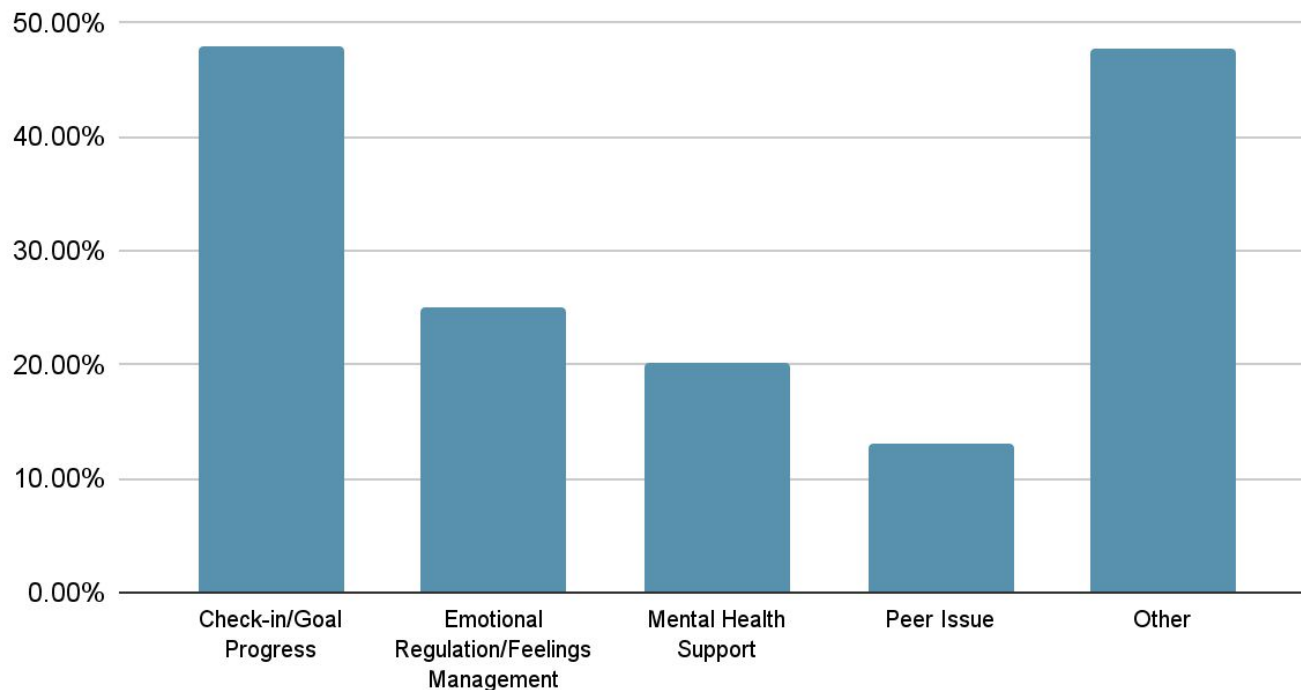
Hotline required?

720 responses



3rd - 5th Grades 1:1 Counseling sessions

Reasons for 1:1 Meetings 2021-2022



“Other” topics (all less than 10%) include but not limited to:

- Academics
- Anger
- Anxiety
- Behavior
- Bullying
- Family
- Hotline
- Health & Hygiene
- Resource Need
- Sadness
- Self-Esteem
- Self-harm
- Sexual Acting Out
- Social Skills
- Stress
- Suicidal Ideation
- Time Out/Calm Down
- Traumatic Experience

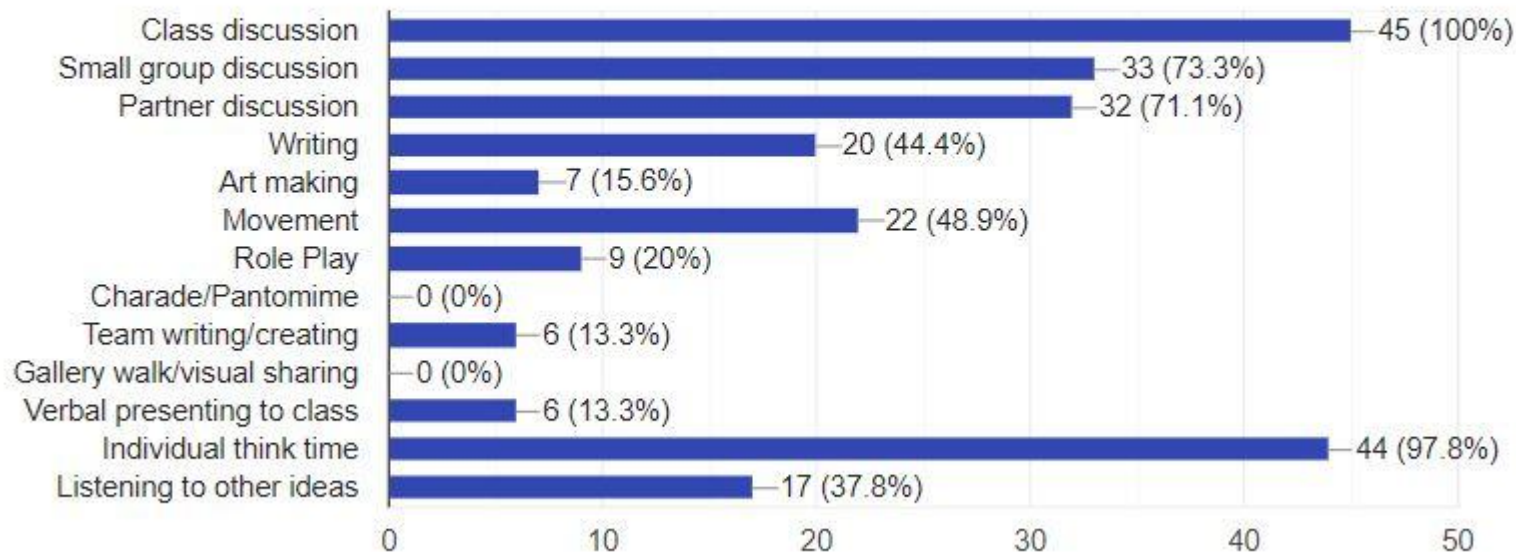
3rd - 5th Grades Lessons

Lessons planned: 45

Lessons given: 135 (15 per class, grades 3-5)

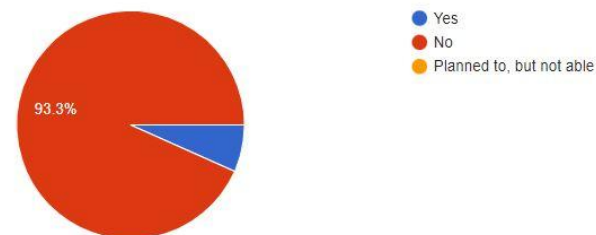
Cognitive engagement/expression formats offered:

45 responses



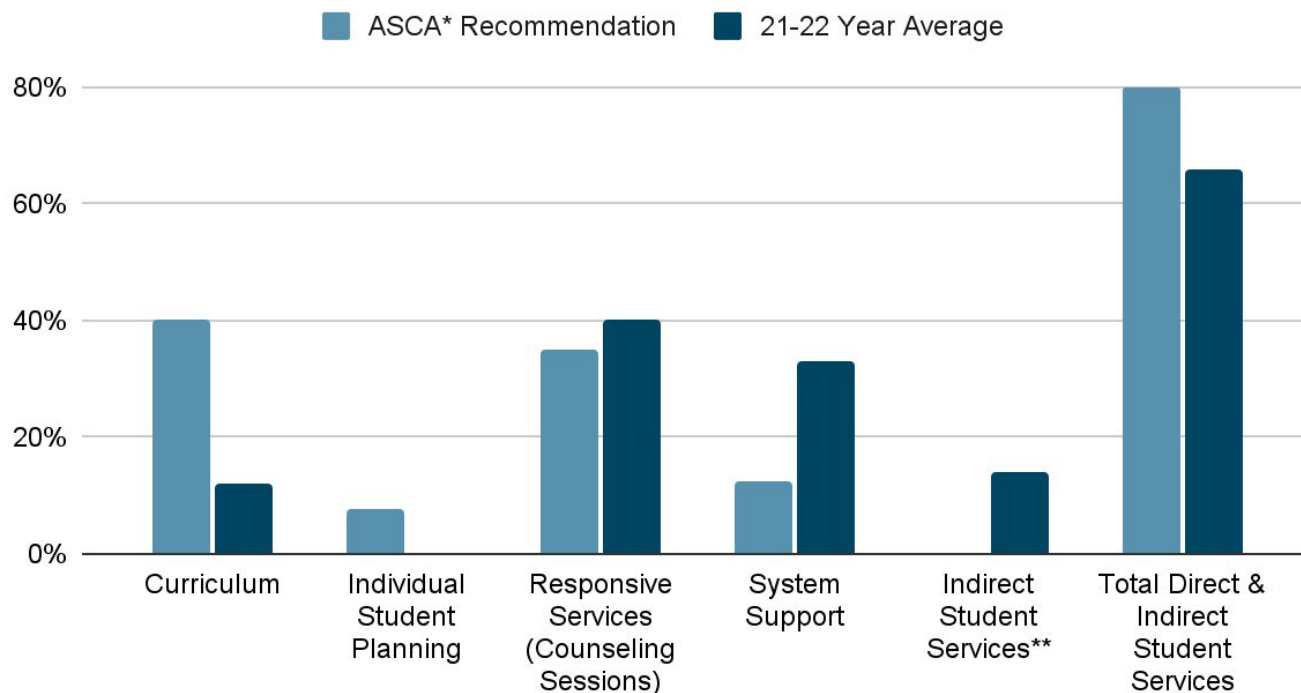
Technology used BY STUDENTS?

45 responses



3rd - 5th Grades Use of Time

Use of Time



*ASCA = American School Counselor Association

**No ASCA recommended use of time for indirect student services. Indirect student services include collaborations, consultations, and referrals.

2020-2021

Reasons for 1:1 Meetings 2020-2021

