



One-on-One
Mental Wellness Coaching
Designed For Schools

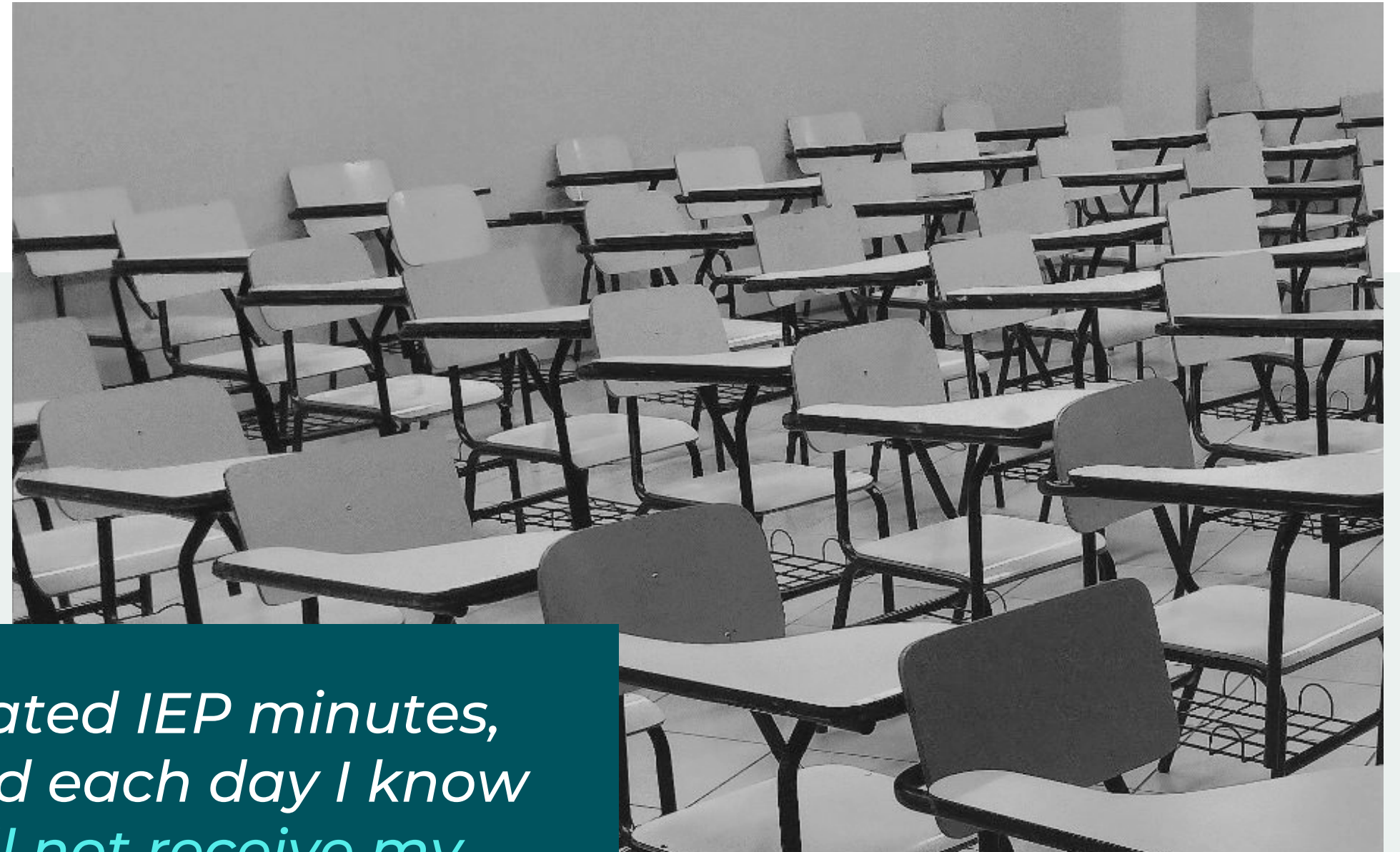


THERE IS A MENTAL HEALTH CRISIS IN SCHOOLS



44% of students have expressed persistent feelings of
sadness or hopelessness.

SCHOOLS CANNOT MEET STUDENT DEMAND



“My time is spent meeting mandated IEP minutes, working with students in crisis, and each day I know there are countless kids that will not receive my attention.”

-School Social Worker



OpenSeat was created by mental health professionals and educational leaders to increase a school's capacity to reach more students and improve student outcomes.

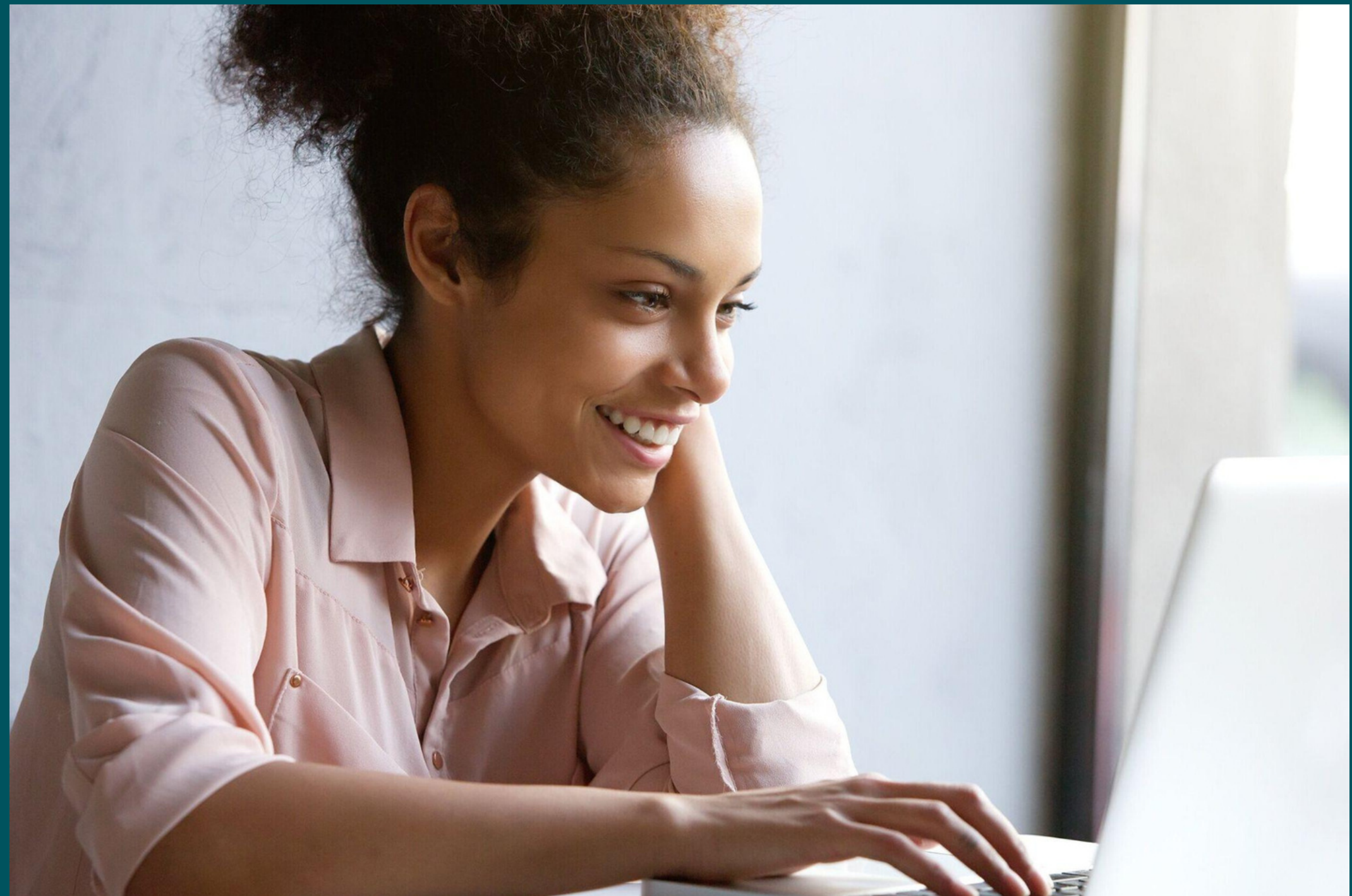


Mental Wellness Coaches Available 1:1 Virtually

A HIPAA and FERPA-compliant video,
text, and phone app

Provided at all times of day, including
nights, weekends, and breaks, when
school support is typically unavailable

A diverse team of coaches; allowing
for matched care by identity (race,
LGBTQ+, etc.) and student need
(anxiety, self doubt, etc.)



A SHORT-TERM SUPPORT THAT ADDS CAPACITY AND EXPERTISE



MTSS Intervention



Restorative Behavior Support



Surge In Needs
(Grief, Social Media Issue, etc.)



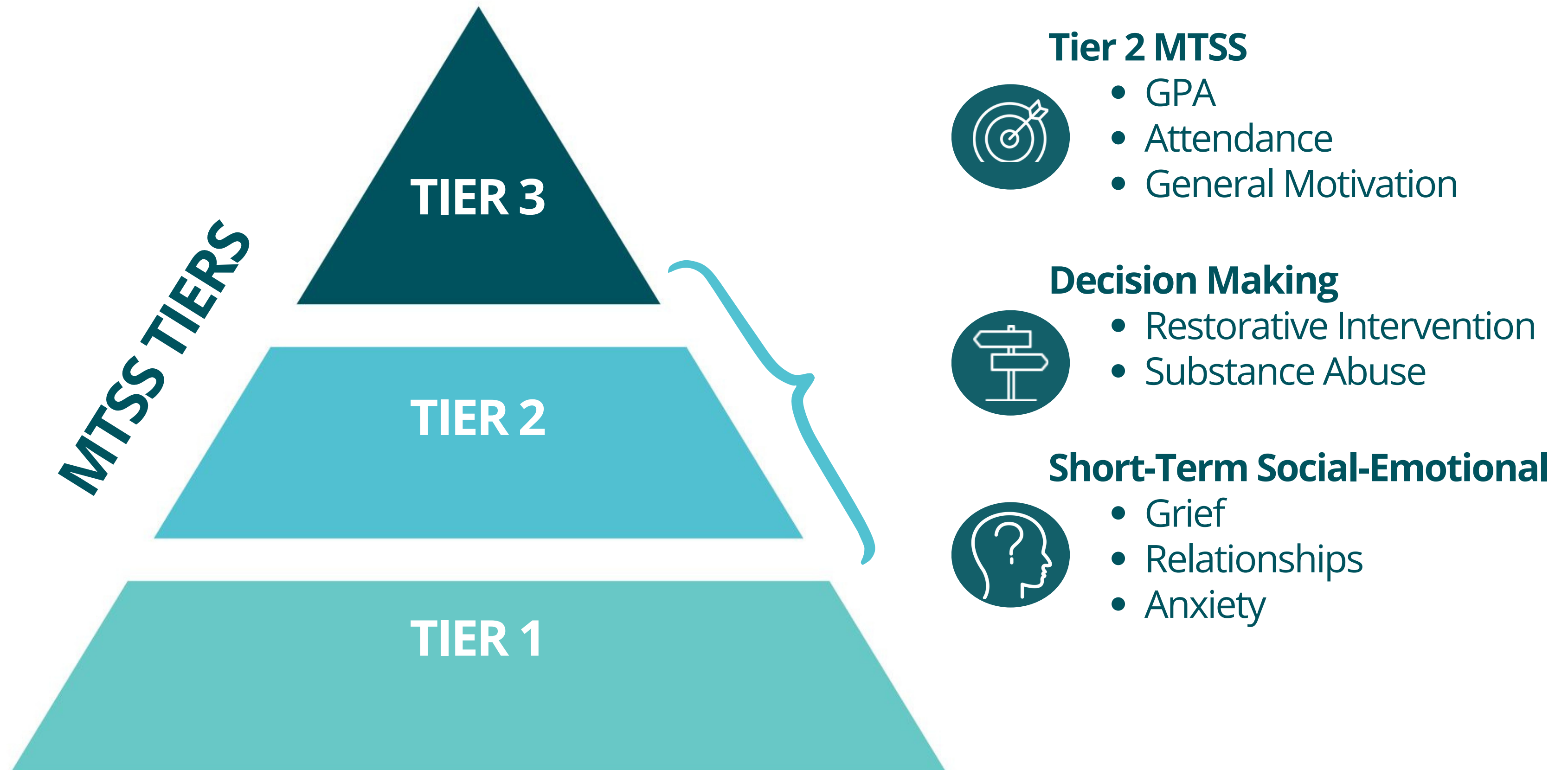
Self-Esteem and Self-Identity



Academic Anxiety
(Testing, College Admissions, etc.)

“Each MTSS cycle, we repeat through so many of the same student names in our meetings. The same (already-overworked) adults are tasked with finding the time to work with students in ways that will hopefully work for this time around.” -MTSS Coordinator

OPENSEAT SPECIALIZES IN TIER 2 & EARLY TIER 3 MTSS SUPPORT



RIGOROUSLY SELECTED AND SUPERVISED PROFESSIONALS

OpenSeat's Coaches:

- Less than 1% of coach applicants chosen for role
- 3+ years of proven adolescent and mental health experience
- Professional backgrounds in counseling, social work, therapy, wellness and related fields
- Trained and supervised by a licensed mental health clinician
- Highly diverse across lines of race, culture, sexuality, gender, and lived experiences
- Background checked and with safeguards in place to protect student well-being



A DIVERSE TEAM FOR STUDENTS TO CHOOSE



GABRIELLE



JAMES



AMY
Fluent in Spanish



CHIAMAKA



JASON
Fluent in Spanish



ZAYRA
Fluent in Spanish



KIMMY
Fluent in Mandarin/Cantonese

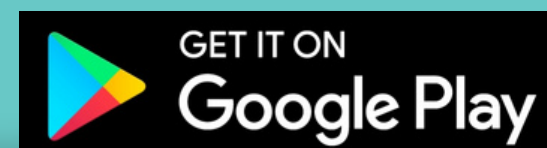
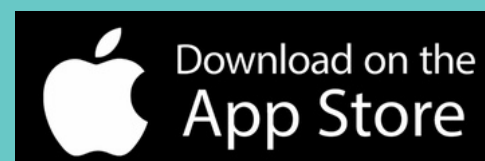


ANA
Fluent in Spanish

AN APP DESIGNED FOR STUDENT SUPPORT

APP AND COMPUTER ACCESS

- Available to download on iOS or Android.
- Access by computer, tablet, or phone
- Video and messaging support
- Calendar invite and reminders sent to the student's email



OPENSEAT'S LEADERSHIP TEAM



Edwige Beutel
M.Ed.



Oliver Sicat,
M.Ed.



Kimberly Neal-Brannum
MSW, M.Ed.



James Troupis,
M.Ed.



Faiza Jackson,
MSW, LCSW



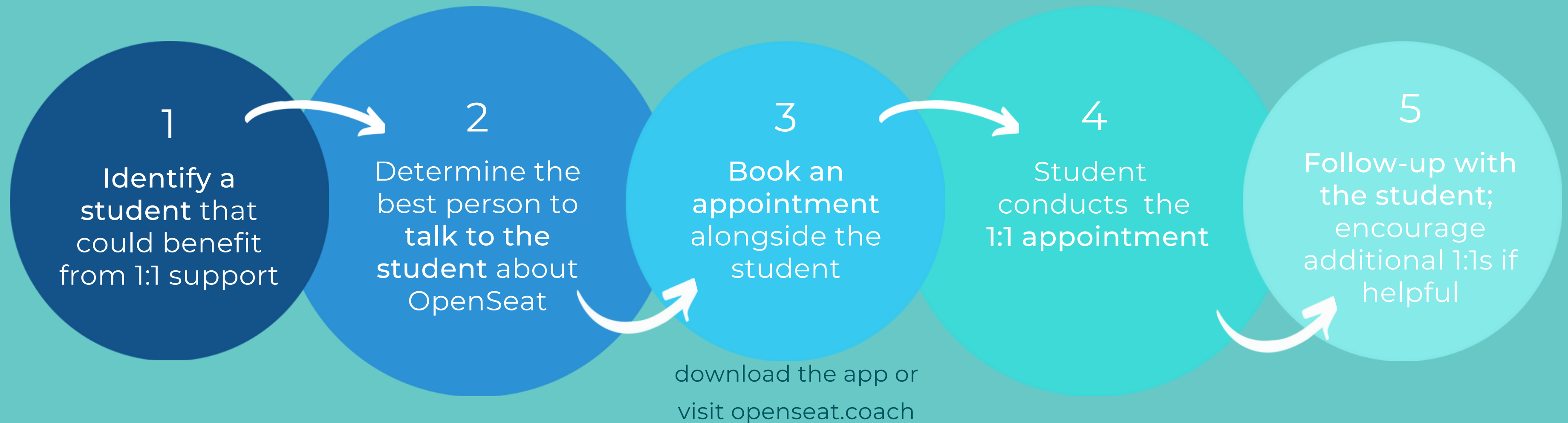
Stacy Robertson,
MSW, LCSW



Leigh Kelly,
LMHC

OpenSeat's leaders are former school leaders and current practitioners; our approach has been designed to fit the needs, structures, and schedules of schools.

A STRAIGHTFORWARD PROCESS FOR REFERRING STUDENTS



IDEAL IN-SCHOOL SUPPORTS

Point of Contact



Person who serves as the daily point person with OpenSeat

Someone with a vested interest in the SEL success of students

Times & Space For 1:1s



A private space for students to have virtual 1:1s

It can rotate at various points of the day but is consistent and known

System For Getting Students to the Space



Someone who can bring students to the dedicated space

and/or A system that allows students to get to the space at the right time

SERVICE-FOCUSED COMMUNICATION AND FLEXIBILITY TO PARTNER SCHOOLS



OpenSeat Provides Schools:

Service: A service-obsessed main point of contact at OpenSeat

Transparency: Regular and transparent usage and data reporting

Urgency: Urgent communication and response for elevated student concerns

Tracked Performance: In partnership with the school, OpenSeat helps track the impact of coaching on student performance

Adaptability: School structures, schedules, and needs vary, we customize each relationship to match

Pricing Options Designed to Fit Your School's Needs & Budget

Targeted Interventions

starting at

\$1,050 /month

- ✓ 15 Monthly 1:1s
- ✓ Dedicated OpenSeat Rep
- ✓ Customized Marketing & Communication Material
- ✓ Monthly Rollover of Unused Hours

Community-Wide Access

\$3 /month per student

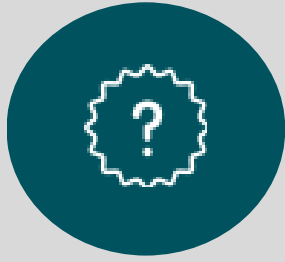
- ✓ Open Access To The Whole Student Body
- ✓ Dedicated OpenSeat Rep
- ✓ Customized Marketing & Communication Material
- ✓ Regular Utilization Reports

As-Needed

\$200 /month

- ✓ +\$95 per session
- ✓ Dedicated OpenSeat Rep
- ✓ Active Booking Page For When It's Needed (e.g. surge moments, grief, etc.)

10% Discount on Annualized Contracts



Which Students Is OpenSeat Ideal For?

OpenSeat is ideal for students in need of short-term interventions; typically between two weeks and a three months in scope.



Do You Provide IEP-Minute Support?

Not currently. Even where coaches may have the credential, OpenSeat is not providing direct IEP minutes.



What Steps Are Taken If A Student Shares Self-Harm Ideations or Intentions?

Our coaches are trained to immediately connect the student to local and urgent resources. We also connect to the proper staff at the school.

FAQ



Which Staff Can Connect Students to OpenSeat?

Each school can determine who is able to connect students. Whether a social worker, counselor, dean of culture or any teacher - we know each school has different needs and processes.



How Private Are Student Conversations?

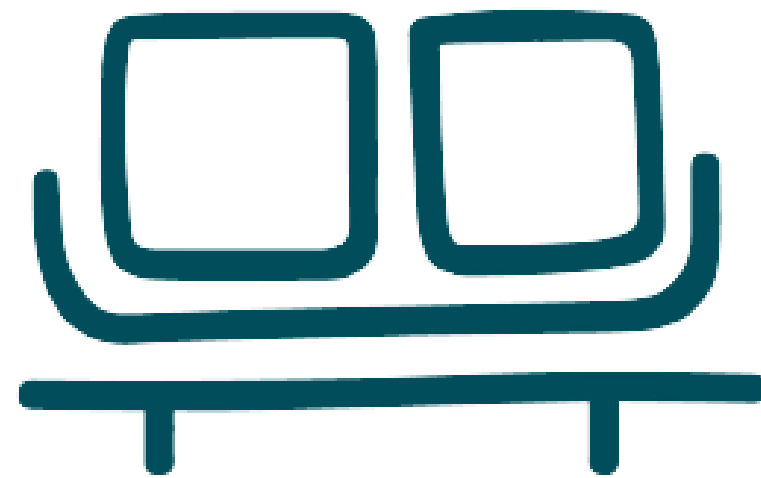
To deliver high-quality support, it's important to us that conversations are private and confidential. Coaches and students discuss what may be helpful to share back with the school.



Are Students or Insurance Billed For Support?

OpenSeat is providing non-clinical/non-medical 1:1 coaching services and does not bill insurance at this time.

Schools will not be 'locations of learning' until they are
'locations of healing'. -Monique Morris, 2019



openseat

CONTACT US

James Troupis | james@openseat.me

www.openseat.me